

| CHÉ AHN |

30 DAY DEVOTIONAL



CONTENDING FOR HEALING

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HEALING



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CONTENDING FOR
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- | DAY 23 | *Pray in Spiritual Alignment*
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- | DAY 27 | *Deal with the Root*
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- | DAY 28 | *The Power of Forgiveness*
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- | DAY 29 | *Walking Out Your Healing*
(1 TIMOTHY 6:12)
- | DAY 30 | *Practical Steps to Pray for Others* (MATTHEW 10:8)

AUTHOR'S NOTE

“Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock.”

- MATTHEW 7:24 -

Praying for healing should be something that is a natural part of your life as a follower of Jesus Christ. I call it living the supernatural natural life. This lifestyle starts with your individual choice to take God at His Word, and then to act according to your faith.

I have been in the healing ministry for over 40 years. God has healed me, my family and friends, and countless others from small ailments to life-threatening diseases. Time and time again, I have seen the power of decreeing God's healing through the redemptive work of Jesus. God is a good God, and He wants to heal you!

Are you believing for a miracle in your body or for a family member? I believe

that no matter what you have been through or what challenges you are currently facing, it is God's desire for you to walk in divine health. I believe God wants to heal you supernaturally, but I also believe that God heals our bodies naturally, through our amazing immune system as well as doctors and medicine. I have deep respect for the medical community and am surrounded by several family members who are physicians.

As you go through each page of this devotional, I want to encourage you to approach God confidently in prayer. Our good heavenly Father is interested in every aspect of your life, including your physical well-being. Make these prayers and declarations part of your daily prayer life as you contend for healing and breakthrough for yourself and others. Get ready to see more of the miraculous in your life and walk into the greater things of God.

In His Love,

A handwritten signature in blue ink, appearing to read "Cheahn".

THE MOST IMPORTANT FACTOR

“May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ.”

- 1 THESSALONIANS 5:23 -

God cares about making us whole: mind, spirit, and body. This is part of His nature, something that defines who God is. God loves to bring healing to His children, and He often begins with the most important part.

Many years ago, when I was a 17-year-old hippie and drug pusher, I defiantly chose to live a party lifestyle. But I was broken inside—in desperateneedofhealing that no doctor on earth could provide. When I cried out to God in the middle of my brokenness, God’s radical love

encountered me and completely transformed my life by the power of the Holy Spirit!

To this day, I still stand in awe of God's miraculous power whenever I witness Him bringing physical healing to someone in need. But the inner work of salvation is greater than any bodily healing. Once you are born again through faith in Jesus Christ, God will now move through you to bring healing to others.

*JESUS, THANK YOU THAT YOU
WANT TO MAKE ME WHOLE.*

*FORGIVE ME FOR ALL MY SINS,
HEAL MY HEART, AND GIVE ME
NEW LIFE IN YOU.*

PRAY TO A GOOD HEAVENLY FATHER

“My son... turn your ear to my words. Do not let them out of your sight, keep them within your heart; for they are life to those who find them and health to one’s whole body.”

- PROVERBS 4:20-22 -

It matters what you think about God. Everyone on earth was created to experience the blessing and love of God the Father, but not everybody lives with that knowledge. Unfortunately, God has been portrayed negatively in our culture so often that many people think He is angry with them and isn’t in the mood to bless them, not to mention heal them when they are sick.

When my children were young, one of their favorite games was to jump off the bed and shout, “Catch me, Daddy!” Of course I would always catch them. My kids nat-

urally had faith in me, in my faithfulness as a father. God wants this same kind of childlike faith directed toward Him when it comes to healing.

What parent doesn't want to see his or her sick child well again? Our God is a Good Heavenly Father, and His many blessings—which include healing—are available to us solely based on His deep love for us. Go to Him confidently, with big and small concerns, and receive your healing as His beloved child.

*HEAVENLY FATHER, THANK YOU
FOR YOUR GREAT LOVE FOR ME.*

*I BELIEVE THAT YOU ARE GOOD
AND THAT YOU TAKE PLEASURE
IN HEALING ME.*

PRAY WITH EXPECTATION

*“In the morning, LORD, you hear my voice;
in the morning I lay my requests before
you and wait expectantly.”*

- PSALM 5:3 -

In my first year as a Christian, I didn't know much about healing and never really expected to see miracles when I prayed. But all of that changed one day in the spring of 1974 when a friend invited me to a TAG (“Take and Give”) Bible study near Washington, D.C. As I entered an old gymnasium along with 150 other young people, I was stepping into the first charismatic worship service I had ever attended.

Because I had horrible allergies every spring—a runny nose, itchy eyes, and asthmatic congestion that made me feel like I was suffocating—I was carrying a stash of toilet paper in my pockets, just in case. In the middle of singing praises to God, I

suddenly felt the power of God come on me, and I could breathe freely again as my sinuses cleared and all congestion disappeared. I was ecstatic and called out for everyone to hear, “Praise God! I’m healed!”

When I realized that God could heal in such a dramatic way, I began to pray for anyone who wanted to receive physical healing. My expectation levels rose dramatically, and I’ve carried that expectant faith with me all these years. Do you expect God to answer when you pray for healing? It is my hope that this testimony, and the many others in this devotional, will inspire you to pray with expectancy!

*FATHER GOD, FILL ME WITH
EXPECTANT FAITH TO SEE
SUPERNATURAL HEALING IN MY
LIFE!*

THE PRAYER OF FAITH

“And the prayer offered in faith will make the sick person well; the Lord will raise them up.”

- JAMES 5:15 -

God honors those who believe His Word. The simple act of pure faith plays an integral part in healing. Sometimes when I am praying for a miracle, I feel a keen sense of faith bolstering my prayer. Other times, I don't feel anything out of the ordinary, but I can sense faith rising up within the person who came asking for prayer.

There was a man at Harvest Rock Church who asked for prayer one Sunday, after he had an accident where the tip of his right index finger had been severed while cutting branches in his yard. “I believe God wants to heal me,” Louis said, “to grow this finger out.” I touched his hand and agreed with him in a brief prayer. Nothing dramatic happened in that moment. But

as the weeks went by, Louis and his family watched in amazement as his finger grew back to within an eighth of an inch of its original length. All to the glory of God!

God is inviting you to put your whole trust in Him — to trust Him with your present and future. Choose today to believe that God wants you to be physically healthy and whole. Now intentionally choose words and actions that will reflect your faith!

*I WILL LIVE BY FAITH TODAY,
TRUSTING GOD'S PROMISES
FOR MY LIFE.*

*I BELIEVE THAT WHEN I PRAY
FOR HEALING, I WILL SEE GOD
RESPOND SUPERNATURALLY!*

THE GIFTS OF THE SPIRIT

“Now to each one the manifestation of the Spirit is given for the common good. To one there is given... faith by the same Spirit, to another gifts of healing by that one Spirit.”

- 1 CORINTHIANS 12:7-8 -

Some Christians deemphasize or dismiss healing (and other spiritual gifts) because of a lack of understanding or an absence of experience. Through Scripture and my own experience in ministry, I am convinced that spiritual gifts are meant for believers to fully embrace here and now. I also believe that we need to walk in the power of the Holy Spirit to help fulfill the Great Commission and prepare for Christ's return.

I have personally seen thousands of people healed by the power of God during my 47 years of walking with the Lord. The Bible makes it clear that God anoints certain

individuals with specific spiritual gifts, including evangelism, prophecy, and healing. This doesn't mean that only a select few can evangelize, prophesy, or pray for healing. On the contrary, we see in the Word of God that every believer is called to do each of these things.

Simply put, you do not need to have the gift of healing to pray for God to heal a person. You only need to be obedient and believe that God can and will act!

*LORD, I ASK YOU TO ACTIVATE
THE GIFTS OF THE SPIRIT IN ME
AND HELP ME TO PARTNER
WITH HOW YOU ARE MOVING IN
HEALING.*

GOD IS ABLE AND WILLING

“Jesus reached out his hand and touched the man. ‘I am willing,’ he said. ‘Be clean!’ Immediately he was cleansed of his leprosy.”

- MATTHEW 8:3 -

All throughout the Bible, there is one conclusion that is unmistakable: All things are possible with God! Among Christians who differ in theology about divine healing, the issue usually isn't whether or not Jesus has the power to heal. Most everyone agrees that He is definitely able. Yet many people seem to doubt whether God wants to heal them personally, wondering whether it really is His will.

I want to share the story of my friend Henry, a Dallas Theological Seminary graduate who didn't believe that healing was for today. He had a brain tumor and was approaching his annual MRI exam, when a friend invited him to one of my

healing services. The moment I declared a release of healing for everyone present, Henry felt wind come over his body (although he thought it was just the air conditioning). The following week, he went to get a new MRI. The doctor called him with the results and said, “Henry, you’re not going to believe this... I can’t find the tumor. It’s gone.”

Over the years, God has shown Himself to be faithful to His Word. He is the same Healer today as He was yesterday and forever will be. Because He loves you, God wants to see you saved, delivered, and healed. He is able—and willing—to do all of this because all things are possible with Him!

*JESUS, I BELIEVE THAT ALL
THINGS ARE POSSIBLE FOR YOU
AND THAT YOU WILL BRING
HEALING TO EVERY NEED IN MY
LIFE.*

GOD CREATED YOU TO BE HEALED

“I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.”

- PSALM 139:14 -

The physical world carries evidence that it is God’s will for you to be healed. Consider how God designed your immune system, your built-in healing mechanism. There are tiny minerals and organic materials constantly being sent to the parts of your body that need healing. Similarly, plants and food have remarkable healing properties. It goes to show how the earth was created to serve our bodies.

God can also heal you through medicine and doctors. Luke, the author of one of the four Gospels and the book of Acts, was a physician. Today, modern science protects us from many of the diseases that proved to be major killers just a century ago. Contin-

ual breakthroughs in technology and science are game changers when it comes to treating the poorest and most vulnerable communities in our world. My friend Sam Caster, a pioneer in the integrative health industry, has said, “Everything that man needs to achieve and sustain health is provided by God in nature, and it’s the job of science to find it.”

What’s more, God promises you a new heavenly body in the age to come. No matter what sickness or weakness you experienced on earth, you will be totally healed when you die and go to heaven. But while there is still breath in your lungs, I believe you should actively pursue healing! God is the ultimate source of every healing that takes place, both naturally and supernaturally.

*FATHER GOD, I BELIEVE THAT YOU
CREATED ME TO BE HEALED.*

*I DECLARE YOUR TRUTH
THAT I AM FEARFULLY AND
WONDERFULLY MADE!*

DIVINE HEALTH

“Beloved, I pray that in all respects you may prosper and be in good health, just as your soul prospers.”

- MATTHEW 6:9-10 -

Which is greater: healing or divine health? (This isn't a trick question!) While healing is good and God clearly wants to heal you, I believe that it is better to live a life that is brimming over with divine health. The Bible shows that it is God's will for your life to walk in divine health, “to prosper and be in health” in the same way that your soul is prospering and thriving.

There are two very simple keys to this: nutrition and exercise. It is my belief that we all can experience better health if we choose to eat healthy and whole, and exercise regularly. To be frank with you, I didn't always prioritize a healthy diet and exercise routine, and I dealt with a lot of sickness in years past. But things shifted for me in 2000, and to the glory of God, I

have been walking in divine health for over 20 years because of proper eating and exercise.

God cares about keeping you healthy, body and soul. It is wonderful to receive His healing whenever you have a need, but it should be your first aim to pursue a life of wholeness and abundance. God's heart is intent on giving you divine health, and it is an open invitation for you to walk in.

*I DECREE THE BLESSING OF GOD
OVER MY SOUL AND MY BODY,
SO THAT I WILL WALK IN DIVINE
HEALTH, IN JESUS' NAME.*

THE ANOINTING

“...how God anointed Jesus of Nazareth with the Holy Spirit and power, and how he went around doing good and healing all who were under the power of the devil, because God was with him.”

- ACTS 10:38 -

One of the ways that God heals is by anointing individuals to be conduits for His supernatural power. The anointing of the Holy Spirit is God's tangible power that causes the manifestations of His presence, including miracles of healing. In Jesus' earthly ministry, He healed the sick and cast out demons by the power of the Holy Spirit, and He commissioned His disciples to minister to others with that same power (see Matthew 10:7-8).

During our church's Thanksgiving service one year, a Sri Lankan woman came up to ask for prayer so she could have a baby. She and her husband had spent thousands

of dollars for fertility treatments, but nothing worked. After praying a simple prayer, I felt the Holy Spirit moving and suddenly prophesied, “You will have a child within one year!” The woman immediately fell to the floor under the Spirit’s power, even though no one had touched her. A month later, she came back to testify that she was pregnant, and both she and her husband gave their lives to Jesus!

When God anoints you with His Spirit, He is calling and empowering you to be an effective witness of His truth and love. Do you want to experience God’s tangible power at work when you pray? Daily ask the Father to fill you afresh with the Holy Spirit, and by faith receive that infilling!

*FATHER GOD, ANOINT ME
WITH THE POWER OF YOUR
HOLY SPIRIT SO THAT I CAN
BE A WITNESS FOR YOU
EVERYWHERE I GO.*

THE FINISHED WORK OF THE CROSS

*“But he was pierced for our transgressions,
he was crushed for our iniquities; the
punishment that brought us peace was on
him, and by his wounds we are healed.”*

- ISAIAH 53:5 -

At the heart of the Gospel is the truth that Jesus Christ gave His life to pay the price for our all-encompassing redemption. The greatest miracle of all is that the resurrection of our Lord has given us eternal life, for which we thank God. But Scripture says that Jesus conquered not only our sin on the cross but also our sickness.

When we pray for healing, we are to pray in faith acknowledging Christ’s finished work on the cross. Jesus told His followers to remember His sacrifice as we regularly take Communion: the bread, His broken body so that our physical bodies could be

made whole, and the wine, His shed blood making a way for our forgiveness.

Just as we don't need to doubt God's answer whenever we ask Him for forgiveness, there's no room for doubt when we ask Him for healing—because Jesus already carried away all of our sickness, pain, and disease when He went to the cross of Calvary. The Spirit who raised Christ from the dead is living in you and wants to give life to your body, including physical healing from sickness!

I DECREE A BLESSING OVER MYSELF THAT GOD WILL HEAL ME PHYSICALLY BECAUSE OF JESUS' FINISHED WORK ON THE CROSS.

PRAY APOSTOLICALLY

“When Jesus had called the Twelve together, he gave them power and authority to drive out all demons and to cure diseases”

- LUKE 9:1 -

God’s plan for humankind has always been for us to exercise His authority on the earth. When Adam and Eve sinned in the garden, they forfeited their God-given authority, and allowed it to be claimed by Satan. But in the fullness of time, God the Father sent His Son to earth in order to redeem us, take authority back from the enemy, and place us in a position of authority with Him. While Jesus has given all believers authority over the power of the enemy, apostles have been entrusted with extraordinary authority to wage spiritual warfare (see 1 Corinthians 12:28).

During the summer of 2013, Colorado was ablaze with the worst forest fires in

the state's history. I happened to be speaking at a church in Seattle when I got a call from Cindy Jacobs, a well known prophet and dear friend of mine. Cindy told me she sensed that I needed to make an apostolic decree that it would rain over Colorado Springs. That evening, everyone in the congregation stood in agreement as I made a very simple decree that rain would come. Even though rain wasn't in the forecast, a cloud formed that very night, and enough rain came down to give the firefighters the momentum to put the fires out.

This story illustrates God's desire to bring healing to our land, as well as to our physical bodies. Exercising spiritual authority and praying apostolically are keys to seeing the Kingdom of God come in your life, which includes healing the sick and casting out demons. God wants you to grow in authority so you can see greater miracles and more healings than ever before.

JESUS, SHOW ME HOW YOU WANT TO MOVE IN MY FAMILY TO BRING RESTORATION AND HEALING TO OUR RELATIONSHIPS.

PRAY TO ADVANCE THE KINGDOM

“And he sent them out to proclaim the kingdom of God and to heal the sick.”

- LUKE 9:2 -

The Kingdom of God is not of this world, but it is meant to transform this world. Believers have been given both authority and power enabling us to move in the supernatural realm as we announce the arrival of God’s Kingdom. Jesus has commissioned those who believe in Him to heal the sick, cast out demons, and even raise the dead (see Matthew 10:8).

One of the greatest joys I have in being a leader in the church is seeing God raise up an army of His children to heal the sick and move in signs and wonders. When we understand who God is, and the identity that He has given us in Christ, we will be

able to be more effective ambassadors for His Kingdom. Whenever I share the gospel with someone who has been supernaturally healed by God, their heart is usually open to receive Jesus as their Savior right away!

God is calling you to extend His Kingdom across the whole earth by being a blessing to others and by healing the sick. If you are a believer, the Bible says you can do all of these things. Just believe and act on His Word!

*I DECREE A BLESSING OVER
MYSELF THAT GOD WILL USE
ME TO ADVANCE HIS KINGDOM
AND BRING HEALING TO THOSE
AROUND ME!*

PRAY HEAVEN TO EARTH

*“This, then, is how you should pray...
‘Your kingdom come, your will be
done, on earth as it is in heaven.’”*

- MATTHEW 6:9-10 -

For the last 2,000 years, the Church has been praying the Disciples’ Prayer (also known as the Lord’s Prayer). Every time we pray this out loud, we are making the declaration that things in our life would be “on earth as it is in heaven.” Why is this so important? Because there is no sickness or disease in heaven.

There was a couple in our church, Nelson and Jenny, originally from Shanghai, who approached me one Sunday morning and asked for prayer. Jenny related that she had suffered from menstrual bleeding for 14 years and consequently was unable to become pregnant. As I was praying, I saw a vision of them with two children. The word was impressed upon me so much

that I shared the vision with them. A few months later, Jenny came up, beaming, to share that she had received healing and was pregnant with their first child. In the end, they would have another child as well—just as God showed me!

You'll notice that Jesus healed all the sick people who came to him. That is what heaven looks like. Do you want to experience more of heaven now? Partner with God's agenda and prophetically declare the realities of heaven in your life today!

*KINGDOM OF GOD, COME —
ON EARTH AS IT IS HEAVEN!*

*WILL OF GOD, BE DONE —
BRINGING HEALING HERE
AND NOW!*

PRAY WITH REVELATION

“Very truly I tell you, the Son can do nothing by himself; he can do only what he sees his Father doing, because whatever the Father does the Son also does.”

- JOHN 5:19 -

Faith is released as we receive revelation from God’s Word. When we read or hear God’s revelatory word (rhema), it sparks faith in us that will activate healing. When I pray for the sick, I like to pray prophetically, by engaging in “listening prayer.” The Holy Spirit often gives words of knowledge, or specific information, about someone’s condition needing to be healed, and I simply speak them out in faith and watch God move.

Once when I was speaking at a healing service in Australia, I gave a word of knowledge about a person who had pain shooting from their hands, up their arms,

and into their neck. A woman came forward to testify that she received healing right as I spoke the word about her condition! She had been in pain for more than two years due to carpal tunnel syndrome, and this was the first time she had ever heard a word of knowledge given for her specific problem.

The point of this word, like all others I give, is not to boost my ego or put the spotlight on my ministry. On the contrary, the purpose is to build and release faith in the person who is to be healed. Jesus is so wonderful! He knows our every need, and He wants us to be in tune with His Spirit as He moves to restore His children back to full health.

*HOLY SPIRIT, SHOW ME
HOW YOU WANT TO MOVE IN
HEALING TODAY.*

STEP OUT IN FAITH

*“Do not merely listen to the word,
and so deceive yourselves. Do
what it says.”*

- JAMES 1:22 -

Faith always believes that nothing is impossible with God. Regardless of where we are or what our circumstances are, it is our job to step out in faith, and then God will back us up. I have heard it said this way: We do the ridiculous and God will do the miraculous.

Even the most ordinary of places can become a hotspot for healing. A few years ago, I was walking into a car wash when I noticed a woman with a neck brace waiting for her car. The Lord spoke to me, “She has a degenerative bone disease.” So I quickly struck up a conversation, and the woman confirmed the word of knowledge, adding that her entire right side was paralyzed. After I prayed for her, she moved her neck

around and said it was the first time in five years that she had no pain. Then she started moving her right arm as it was now free from paralysis!

Whenever we step out to pray for the sick in public, we are taking a risk. But it is well worth it, because the more you step out in faith, the more you will see dramatic healings take place. Act on the Word of God, take a risk, and trust God to come through with the miraculous!

I DECREE A BLESSING OVER MYSELF THAT GOD WILL DO THE MIRACULOUS AS I STEP OUT IN FAITH AND ACT ON HIS WORD!

PRAY TOGETHER

“Again, truly I tell you that if two of you on earth agree about anything they ask for, it will be done for them by my Father in heaven.”

- MATTHEW 18:19 -

The effectiveness and power of our prayers are multiplied when we pray together. Jesus talks about prayer in the context of the Church (the Ekklesia), which He simply defines as two or three who gather in His name. Every time we pray together in unity, we are taking action in the spirit, as our prayers are being used by God to bring about His divine will on the earth.

My wife, Sue, and I daily practice the prayer of agreement. God has given us testimony after testimony of miraculous healing, as our family has continually encountered the life-changing power of God. Some of the most gratifying of our answered prayers involve the salvation of our unbelieving family members. Sue and

I put together a list of 28 of our relatives in the back of our Bible. Over the course of 35 years, we have seen everyone on our list get saved!

One of the most significant things you can do with your married partner is pray together! You can unite in prayer with your family members and friends, co-workers, and members of your local church. When you are intentional about agreeing in prayer with others, I believe that you will start to see miracles increase in your life.

*LORD, SHOW ME WHO YOU
WANT ME TO AGREE IN PRAYER
WITH TODAY SO WE CAN SEE
BODIES HEALED AND LIVES
CHANGED BY THE POWER OF
THE HOLY SPIRIT!*

CORPORATE POWER

“One day Jesus was teaching... And the power of the Lord was with Jesus to heal the sick.”

- LUKE 5:17 -

There is another facet of God’s power that can bring about healing. I call it corporate power: the tangible power of the Holy Spirit manifested in the atmosphere of a given room or place. We know that Jesus Himself has power to heal, but in the gospel of Luke we read that the power was also present in the room where Jesus was speaking in Peter’s home in Capernaum.

I remember a particular Sunday worship service when a young girl named Jenny was instantly healed of partial deafness. At first, she thought that her hearing aid was malfunctioning because the sound in her ears was so loud. So she took out her hearing aid and realized that she could

hear perfectly without it for the first time in her life. No one had prayed for her; she was not at a special healing service. Jenny received her healing sovereignly on a typical Sunday morning that ended up being anything but typical for her!

While many people receive miracles through specific healing ministries, God isn't limited to working through an individual or only in congregational settings. I believe we will see more sovereign healings as we learn how to host the Holy Spirit—not only in our Sunday morning services but in our homes and day-to-day lives as well.

*FATHER GOD, SHOW ME HOW
TO HOST YOUR HOLY SPIRIT
IN MY LIFE, AND LET PEOPLE
WHO ARE TOUCHED BY YOUR
CORPORATE POWER BE HEALED
EVERYWHERE.*

THE POWER OF WORSHIP

“Praise the Lord, my soul, and forget not all his benefits—who forgives all your sins and heals all your diseases.”

- PSALM 103:2-3 -

Every one of us was created to worship God. Singing praises and lifting our voices in worship to God changes the atmosphere, both internally and externally. Worship brings our hearts into intimacy with God and focuses our attention on Him—our Healer, Redeemer, Provider. It lifts us out of the everyday realm and into the realm of heaven, where all things are possible.

Worship also opens the door for God to manifest Himself and move powerfully among us. So far I’ve shared with you two testimonies of supernatural healing that occurred in an atmosphere of worship (when I was healed of spring allergies, and a young girl was healed of par-

tial deafness). In the Word of God and in my own experiences, it is clear that our praise and worship fosters an environment where miracles and breakthrough can take place.

The Bible tells us that God inhabits the praises of His people (see Psalm 22:3). If you are in need of healing, I want to especially encourage you to do this in the privacy of your own home or in special “worship only” meetings where there is time for the unique presence of God to encounter you afresh. Worship Jesus, the Great Physician, and I believe your heart will be flooded with hope as your body receives strength and healing in His manifest presence.

*JESUS, I WORSHIP YOU TODAY
WITH MY WHOLE HEART.*

*THANK YOU FOR BEING MY
HEALER, SAVIOR, AND LORD.*

FIRST BELIEVE, THEN RECEIVE

“Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours.”

- MARK 11:24 -

In the Kingdom of God, having faith means that we are sure of God’s promises even while we cannot see them. By faith, we access what we are believing for in the spirit and call it to manifest in the physical with our words. When it comes to healing, Jesus tells us to believe that we have received what we are praying for, and the healing will be ours.

I learned this lesson firsthand in the early years of my marriage when I struggled with TMJ syndrome, a condition which causes a lot of pain and discomfort in the jaw. I made a commitment before God that every time I saw myself in the mirror, I would confess the Word of God and say, “I believe that I have received my healing!” More than a

year went by as I quoted Scripture each day, expecting to see a miracle.

One day, just like any other, I woke up and my jaw popped open—with complete mobility and absolutely no pain. I have been healed of TMJ ever since. If you are believing God for a miracle, may this testimony encourage you and stir faith in your heart. Don't allow what you see or feel to shake your faith, but stand on God's Word until you see the manifestation of His promises!

*FATHER GOD, I CHOOSE TO TAKE
YOU AT YOUR WORD.*

*TODAY, I BELIEVE I HAVE
RECEIVED MY HEALING!*

PRAYING FOR PROTECTION

“Rejoice always, pray continually, give thanks in all circumstances; for this is God’s will for you in Christ Jesus.”

- 1 THESSALONIANS 5:16-18 -

Did you know that faith sounds like something? Whenever we give thanks to God, we are speaking the language of faith. The Bible shows us that thanksgiving actually moves us from the place of asking for a blessing to decreeing that God will surely bless us as His beloved children (see Psalm 67).

In my testimony of being healed of TMJ, I not only spoke the Word of God and prayed for my healing, but I would also say, “Father, I want to thank You in advance for my healing.” I was giving voice to my faith by giving thanks to God—well before I experienced the results of my

healing. Even though I had to go through a period of waiting, I committed myself to thanking Jesus for the physical healing that I was believing for, and sure enough, in God's timing I received a miracle.

When you use your voice to practice thanksgiving, you show your faith that God will answer your prayer. In addition to asking Him out loud for what you need or desire, I encourage you to thank Him in advance for what He will provide. Our Heavenly Father is a good God and a faithful Healer. Thank Him today for healing your body by the miracle-working power of the Holy Spirit.

*GOD, THANK YOU FOR HEALING
ME OF _____.*

*I THANK YOU IN ADVANCE FOR
MY HEALING.*

DECREE PRAYER

“The centurion replied... ‘But just say the word, and my servant will be healed.’”

- MATTHEW 8:8 -

A decree is a command made in Jesus' name. In the New Testament, we find that Jesus often made authoritative decrees rather than intercessory prayers. In fact, most of the miracles that Jesus did came as a result of hearing from the Father and then decreeing that blessing. When we pray by making a decree, we are exercising our authority in Christ and speaking God's word for a particular situation.

Some years ago, I was speaking at a healing service in Madison, Wisconsin, where a young lady came up to me and asked for prayer, as she had been born completely blind in her right eye. I felt the Lord leading me to put my thumb on her eye and make a decree, commanding the eye to

be opened. When I took my hand off, she started to scream, because her right eye could now see! On top of that, she simultaneously received healing from scoliosis as well as pain caused by a recent car injury.

God does exceedingly and abundantly more than we can ask or think (see Ephesians 3:20). With the authority that God has given you, you can make decrees that release divine power in Jesus' name. Speak words of life as you align with God's will to bring healing and wholeness to the people around you!

*I DECREE A BLESSING OF
HEALING: FOR MY PHYSICAL
BODY, FOR MY FAMILY MEMBERS,
AND FOR EVERYONE THAT I
ENCOUNTER TODAY.*

REBUKE PRAYER

“Jesus rebuked the demon, and it came out of the boy, and he was healed at that moment.”

- MATTHEW 17:18 -

Much like making decrees, the rebuke prayer involves making an authoritative command specifically when the root issue is demonic. Jesus brought healing to many people by discerning and rebuking evil spirits that were causing their physical illness. I believe this spiritual discernment and authority is something that all believers are meant to walk in today.

Once when I was ministering in Philadelphia, a woman named Sharon lined up for prayer after the meeting. Sharon had suffered from excruciating pain in her feet for over eight years, due to an incurable problem called reflex sympathetic dystrophy syndrome (RSDS). Right as I began praying, the Holy Spirit led me to

break every generational curse over her, and I rebuked the evil spirits that were afflicting her. That night and the next morning, Sharon tested out her feet and was overjoyed to find that she was pain-free and fully healed of RSDS.

In Christ, you have authority over all powers of darkness. If you discern that an illness is rooted in the demonic, pray something like, “In Jesus’ name, I bind this spirit of cancer and I command that this spirit come out immediately!” There is no demon in hell that can stand against the name of Jesus!

*JESUS, YOUR NAME IS ABOVE
EVERY OTHER NAME.*

*GIVE ME DISCERNMENT TO
REBUKE THE ENEMY AND BRING*

HEALING IN YOUR NAME.

| DAY 23 |

PRAY IN SPIRITUAL ALIGNMENT

“Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord.”

- JOSHUA 24:15 -

Unity is so important to God. As members of the Body of Christ, we are called to align ourselves with a community of believers and honor our leaders as fathers and mothers in the faith. When we seek proper alignment in the Church, God releases His glory and commands His blessing (see Psalm 133).

In James chapter 5, a principle of spiritual alignment appears within the context of praying for healing. We see the invitation for “anyone” dealing with sickness to be prayed over and anointed by their

spiritual leaders. In the Bible, to anoint people with oil was to invoke the presence of the Lord. As we have seen, the anointing of the Holy Spirit, including the corporate power of God's presence, can bring healing to any physical need we may have.

We must never forget that our power is greatly increased when we are aligned and walk in unity. This will enable us to become more effective carriers of His Kingdom. If you are dealing with sickness, I believe that God will honor your commitment to pursue unity and alignment in the Body of Christ as you are seeking healing.

*LORD, MAY WE WALK IN
GREATER UNITY AS MEMBERS
OF YOUR BODY, AND LET YOUR
ANOINTING FLOW TO BRING
HEALING TODAY.*

LAYING ON HANDS

“And these signs will accompany those who believe... they will place their hands on sick people, and they will get well.”

- MARK 16:17-18 -

If you believe in God’s promises, you have received a holy commissioning to be a blessing to the world around you and to heal the sick in Jesus’ name. One of the ways the Holy Spirit empowers you to do this is by laying your hands on those in need of healing. Thus, by stepping out in obedience, your own hands are literally extending the miracle-working hands of Jesus into your world.

A great example of this took place when a couple in our church, Richard and Andrea, opened up their home for a small group meeting. That night everyone in their home prayed for Andrea’s mother,

Bertilla, who had been diagnosed with both lung and breast cancer. They laid hands on Bertilla, anointed her with oil, and right away she felt a tangible change in her body. The next week, a medical examination found no sign of cancer in her body, including a tumor in her breast that had been the size of an apple.

This miracle of healing came not because I, a pastor, or leaders prayed for her, but because everyday believers acted as conduits for His glory. They believed God's Word, acted in faith as they laid their hands on the sick, and God came through with an incredible miracle. You are being called to do the same!

*I DECREE THIS PROMISE OF GOD
OVER MY LIFE TODAY:*

*I WILL LAY MY HANDS ON THE
SICK, AND THEY WILL GET WELL
IN JESUS' NAME!*

PERSEVERE IN PRAYER

“Then Jesus told his disciples a parable to show them that they should always pray and not give up.”

- LUKE 18:1 -

Perseverance is one of the keys to praying for healing. God doesn't give us a timetable for when we will receive the answer to our prayers, but He wants us to continue believing His Word, even if we don't receive the full manifestation of our healing right away. As we continue to pray with resolute faith, God will give us greater miracles.

Some years back, one of our church members was diagnosed with multiple sclerosis (MS). At this time, Monica was partially paralyzed and had great difficulty walking, but she began to pray and believe for her healing. Our prayer teams regularly prayed for her over the course

of 18 months, with no physical signs of improvement. But one day, after Monica received prayer, her symptoms completely disappeared. Her doctor subsequently confirmed that the white plaques in her brain (which are characteristic of MS) had vanished and her body was restored to normal functioning.

God hears every prayer that you pray. He knows your need and He sees your hunger. Never give up on God's promises, but persist in prayer until you reach your moment of breakthrough!

I DECREE A BLESSING OVER MYSELF THAT I WILL PERSEVERE IN FAITH UNTIL I SEE THE FULL MANIFESTATION OF MY HEALING!

INNER HEALING

“He heals the brokenhearted and binds up their wounds.”

- PSALM 147:3 -

Many Christians get stuck in unhealthy patterns dealing with our thoughts, emotions, and memories. The painful experiences we go through can cause resentment, guilt, depression, and more, which hinder us from walking in the abundant life that God promises us. This is where inner healing comes into play, when God sets us free from the things that would keep our inner world in bondage.

A powerful inner healing experience I had years ago was when God showed me that I had a bitter root judgment toward my father and those in spiritual authority. My father was a God-fearing man, but in my childhood he often resorted to methods of punishment that crossed the line into physical abuse, leaving deep wounds

in my heart. One day, I humbly brought this up in conversation with my dad. To my astonishment, both my dad and my mom asked me for forgiveness for the first time in my life. This act of reconciliation brought incredible joy and healing to my heart, and it helped to breathe new life into my marriage as well.

God knows your heart, and He wants to heal every area that is hurting, dysfunctional, or broken. Approach His throne of grace to receive wholeness deep within you, and yield to the Holy Spirit's sanctifying work in you as He takes you from glory to glory.

*HOLY SPIRIT, HEAL MY HEART
AND MAKE ME WHOLE.*

*BRING SUPERNATURAL
FREEDOM TO MY LIFE.*

DEAL WITH THE ROOT

“...And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven.”

- JAMES 5:14-15 -

While there are many possible causes of sickness, the root can sometimes be an issue related to sin, either opening the door for sickness or keeping the door of healing closed. The root issue could be internal (such as unbelief, pride, self-hatred) or external (bitterness, abuse, and so on). Yet, when we seek healing in a spirit of humility, God will help us to deal with the root of our sickness.

I think of the story of a Norwegian pastor and friend of mine, Jan-Aage, who had severe diabetes to the point where he was going blind. When he heard me share how diabetes can often be rooted in

self-rejection and self-hatred, my message resonated with him. He repented of the sins he had committed against himself, and I prayed for him. Several months later, Jan-Aage emailed me that he had lost 105 pounds, his vision was restored, and his doctors said he no longer had diabetes. Praise God!

Let me emphasize that not all sickness is a direct result of a specific sin. But we do need to have an awareness of the spiritual root issues that may be tied to a particular illness. God is gracious and always willing to bring wholeness to us when we ask Him to meet us in the midst of our weakness.

*FATHER GOD, I WANT TO
REPENT AND RENOUNCE ALL SIN
IN MY LIFE.*

*GIVE ME WISDOM TO ADDRESS
EVERY ROOT ISSUE AND WALK IN*

FREEDOM, IN JESUS' NAME.

| DAY 28 |

THE POWER OF FORGIVENESS

“Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.”

- JAMES 5:16 -

In the Bible, forgiveness and healing are frequently intertwined. Each one of us was made to live in relationship with others. But so often when offenses come, unforgiveness can take root and a door is opened for the enemy to attack us with physical ailments. One example of this cause-and-effect relationship is when the confession of bitterness leads to healing.

During my time helping in the TAG healing room in the 1970s, there was a

woman with rheumatoid arthritis who came to the prayer room. She was experiencing excruciating pain, and her hands were so deformed with severe knots that she couldn't open them. The woman confessed that she had been holding onto bitterness toward her late husband for over five years, so I led her in a prayer to forgive him. As soon as she began to weep in genuine repentance, she said, "Look, I can move my fingers. The pain is gone!"

God is so good, and He wants His children to experience both forgiveness and healing. Allow the Holy Spirit to speak to your heart and highlight the people who you can forgive so that healing will flow freely in your life.

*FATHER GOD, TODAY I
FORGIVE ALL THOSE WHO HAVE
HURT ME, AND I REPENT OF
ANY JUDGMENT I HAVE MADE
OF THEM.*

WALKING OUT YOUR HEALING

“Fight the good fight of faith...”

- 1 TIMOTHY 6:12 -

When God brings healing, it can be instantaneous or progressive. Much like salvation isn't just a one-time experience but rather a lifelong relationship with Jesus, healing also takes place while we walk out our personal journey with God. As we pray for miracles, many people will receive a partial healing, and I always encourage them to continue fighting the good fight of faith.

You obviously want to continue in faith regardless of whether you have received a manifestation of healing. This is an important key to stewarding healing, because I have seen sickness return when people began to doubt their healing. To prevent doubt from creeping in, be intentional about confessing God's promises

of healing from the Bible. Immerse yourself in the Word of God and turn Scriptures into personalized confessions of faith (e.g. “By His wounds, I am healed” – Isaiah 53:5).

I also want to encourage you to keep praising God and thank Him for your healing, no matter where you may currently be on your healing journey. Give Him all the praise and glory for the work He is doing in you. If you have not received a manifestation of healing, get others to pray for you, especially your pastor and those with the gifts of healing (see Entries 5 & 23). As you renew your mind and stand on the Word of God, I believe that you will see full healing take place.

*HOLY SPIRIT, HELP ME TO FIGHT
THE GOOD FIGHT OF FAITH.
THANK YOU FOR GIVING ME
COMPLETE HEALING AND*

WHOLENESS.

| DAY 30 |

PRACTICAL STEPS TO PRAY FOR OTHERS

“Heal the sick, raise the dead, cleanse those who have leprosy, drive out demons. Freely you have received; freely give.”

- MATTHEW 10:8 -

There are many ways to pray for the sick, but let me share with you a simple five-step process that I learned from the late John Wimber when I was at Fuller Seminary in 1984. I still find these steps useful today:

(1) Interview: Ask the person, “What is the problem, and where does it hurt?”

(2) Diagnose: What is causing the condition? Ask Jesus for discernment about whether the root of the problem is physical or spiritual in nature.

(3) Prayer Selection: Choose what kind of prayer you will use (e.g. intercessory, command, rebuke).

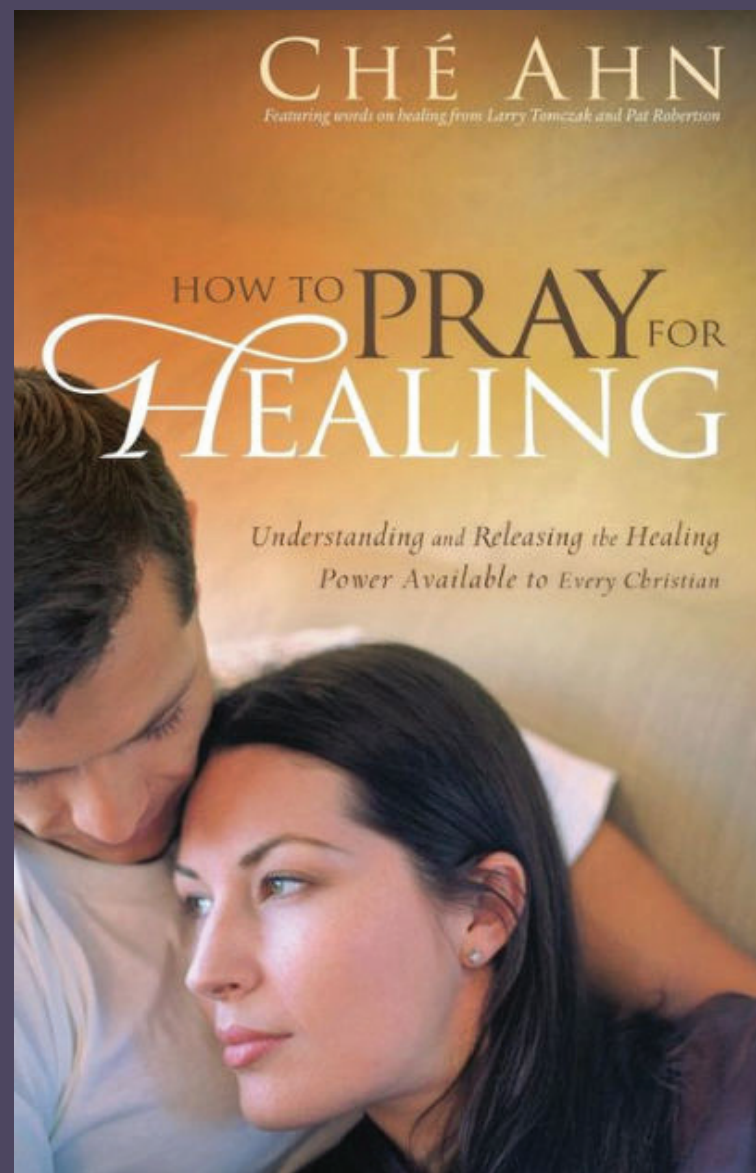
(4) Prayer Engagement: After prayer, ask the person how they feel, encouraging them to be honest about their symptoms. If they don't sense anything different, continue to pray while being led by the Holy Spirit.

(5) Post-Prayer Direction: If they receive a manifestation of healing, tell them to go to a physician and get medical confirmation. We want to give God all the glory for each miracle that takes place! You can tell the person to continue to thank God for the healing, whether or not it has fully manifested yet. Encourage them to act on God's Word and do something physical that they couldn't do before (see James 1:22).

Now it's time to put all of this into practice and pray for healing!

*I DECREE A BLESSING OVER
MYSELF THAT GOD WILL USE
ME TO HEAL THE SICK BY THE*

POWER OF THE HOLY SPIRIT!



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ABOUT HEALING?

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